

**Ko tō mātou whāinga
ko te mahi tahi ki
ngā whanau me ngā
kaitiaki ki te tautoko,
te whakamana i te
hunga Pūira Kehe ki
te whakatinana i ō
rātou pito mata me ō
rātou wawata ki ia tau
oranga, ki ia hapori.**

He rōpū e arotahi ana ki ngā whānau.

- Ka whakamōhiōhio, ka tautoko i ngā whānau.
- Ka akiaki i te waiora manahau.
- Ka whakarewa ake i ngā mōtika me te whanaungatanga ki te hunga Pūira Kehe.
- Ka arohaehae i ngā kaupapa here o te Kāwanatanga, ka tū hei māngai kōkiri kaupapa ki te Kāwanatanga me ētahi atu rōpū.

**Kia uru mai hei mema
o NZDSA, kia tono
koha rānei, kia tika
atu ki: nzdsa.org.nz**

Whakamōhio mai.

www.nzdsa.org.nz

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He aha tā NZDSA ki te āwhina?

- He tautoko i ngā mātua hōu mā te whakarite hoa tautoko, he matua/whaea e matatau ana.
- He reretahi ā-motu.
- Ka whakarite ngā rōpū ā-rohe i ngā hui whakahoahoa puta noa i Aotearoa pērā ki ngā ata kawhe, ngā huihuinga whānau, ngā kaikōrero me te tautoko i ngā tāngata.
- KORERO 21
Ka tukuna he hautaka ki ngā mema ia toru marama, ā, kei te hautaka rā ngā pitopito kōrero, ngā kawenga pūrongo me ngā pakwaitara.
- Ka whakaritehia ngā kohinga mātauranga mō ngā kura, ngā kaimahi ngaio, ngā whānau me ngā hoa.

He aha te Pūira Kehe?

- Ko te Pūira Kehe he āhuatanga e whakataumaha ana i te ako me te whanaketanga o te tangata. Ka taea te whakangāwari i aua taumahatanga mā te whiwhi i te momo āwhina tika me te ngākau manahau o ērā atu tāngata.
- Ka taea te Pūira Kehe te pūaki ake ki ngā whanau katoa, ā, ehara nō tētahi te hē. Ki Aotearoa nei, kotahi te tamaiti Pūira Kehe ki ia 1000 pēpi ka whānau mai; nō reira, ka neke atu i te kotahi te pēpi e whānau Pūira Kehe ana ia wiki.
- Ko te tikanga 23 ngā takirua pūira ia pūtau, ko te takirua iti rawa, ko te takiruatanga 21. He pūira 21 tuatoru tō ngā pūtau o te hunga Pūira Kehe, kaua ko te takirua noa. Ko te ingoa ūkawa mō tēnei ko te trisomy 21.
- He aramona te āhua o ngā karu, he iti te ihu, he iti ngā taringa o te hunga Pūira Kehe, atu i tērā he rite te āhua ki ērā atu o te whānau.

Te hunga Pūira Kehe

- He rite tonu ki nga tamariki katoa, ka ako, ka whakawhanake hoki ngā tamariki Pūira Kehe. Ka kaha ake te whanaketanga mā ngā mahi haumanu motuhake me ngā mahi tautoko a te kura.
- He rite tonu ki ngā tāngata katoa, ka whai wāhi atu te hunga Pūira Kehe ki ō rātou whānau, te hapori whānui, ā, ka whai hua nui te pāpori whānui i a rātou.
- He momo, he āhuatanga, he pūkenga ake tō ia tangata o te hunga Pūira Kehe. E tika ana kia whai mana ia tangata o te hunga Pūira Kehe, e tika ana kia kaua e whakatuanuihia tā rātou e taea ai.